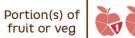
**GREAT MOOR INFANTS Autumn Winter Menu 2023/24 – Week** 





WEEK ONE	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Planet Friendly Option	Beany Veggie Burrito	Cheese & Tomato Pizza & Garlic Bread	Quorn Sausage Casserole in a Yorkshire Pudding	Cheese & Onion Roll & Skin on Baked Wedges	Tomato & Basil Pasta
Option Two	Macaroni Cheese	Mild Chicken Tikka Curry & Rice	Filled Yorkshire Pudding with Savoury Mince & Roast Potatoes	Pork Sausage Roll & Skin on Baked Wedges	Fish Fingers & Chips
Vegetables	Mixed Vegetables, Sweetcorn	Peas, Cauliflower	Carrots, Seasonal Greens	Green Beans, Sweetcorn	Baked Beans, Peas
Baked Jacket Potatoes	Freshly Made Sandwich with Cheddar	Jacket Potato with Tuna Mayonnaise or Cheese or Beans	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham	Jacket Potato with Tuna Mayonnaise Salmon Mayonnaise, Cheese, or Beans
Dessert	Apple Sponge	Flapjack Finger	Vanilla Sponge & Custard	Tutti Frutti Jelly with Mandarins	Chocolate Shortbread

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt



One





Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

## **GREAT MOOR INFANTS Autumn Winter Menu 2023/24 – Week** Two



WEEK TWO	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Planet Friendly Option	Cheesy Bean Pitta	Veggie Bolognaise Pasta	Veggie Sausage Toad in the Hole, Roast Potatoes & Gravy	Macaroni Cheese	Cheese & Onion Roll & Chips
Option Two	Cheese & Tomato Pizza & Garlic Bread	Pasta Bolognaise	Toad in the Hole, Roast Potatoes & Gravy	Chicken & Bean Burrito	Fish Fingers & Chips
Vegetables	Sweetcorn, Peas	Green Beans, Carrots	Cauliflower, Seasonal Greens	Mixed Vegetables, Sweetcorn	Baked Beans, Peas
Baked Jacket Potatoes	Freshly Made Sandwich with Cheddar	Jacket Potato with Tuna Mayonnaise or Cheese or Beans	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham	Jacket Potato with Tuna Mayonnaise or Cheese or Beans
Dessert	Apple Crumble Bar	Lemon Cake & Custard	Banana Cake & Fruit Slices	Chocolate Cookie	Strawberry Jelly

Oily fish

50%

fruit

5

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg



Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

		¥ 1/2	- 🛵 🖉	i 🦛 🛛 💌	TEAM 2
WEEK THREE	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Planet Friendly Option	Beany Veggie Sausage Pitta	Veggie Meatballs in Tomato Sauce & Rice	Veggie Sausage, Roast Potatoes & Gravy	Cheese & Tomato Pizza & Garlic Bread	Cheese & Onion Roll & Chips
Option Two	Macaroni Cheese	BBQ Chicken Meatballs & Rice	Roast of the Day, Roast Potatoes & Gravy	Beef Chilli with Rice	Fish Fingers & Chips
Vegetables	Sweetcorn	Mixed Vegetables, Peas	Seasonal Greens, Carrots	Green Beans, Cauliflower	Baked Beans, Peas
Baked Jacket Potatoes	Freshly Made Sandwich with Cheddar	Jacket Potato with Tuna Mayonnaise or Cheese or Beans	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham	Jacket Potato with Tuna Mayonnaise or Cheese or Beans
Dessert	Chocolate Banana Cake	Flapjack with Fruit	Chocolate Sponge & Custard	Lemon Drizzle Cake	Shortbread & Mandarin Pieces

Oily fish

())

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

5

50%

fruit

(50×

Contains

plant-based

proteins

Portion(s) of fruit or veg



Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.